



February 2013

Newsletter Courtesy of your Mayor and City Council

939.8600

Events

Feb 18 Autism Awareness & Support Group
7:00 pm | Mo Co Extension Annex Bldg.
Sponsored by Monroe County HCE
Contact kimstrellis@gmail.com for more info

Feb 21 Large Item Pickup Day

Mar 1 Vendors for a Cause Quarter Auction
Supporting: Monroe County 4-H
visit vendors4acause.weebly.com for more info

Mar 1-3 Optimist Bowling Tournament
West Park Bowl | 5-person teams
Proceeds benefit Waterloo School & Gibault High
Contact 618.604.1310 for more info

Mar 5 Red Cross Sheltering Class
6:00 pm | City Hall - 2nd floor meeting room
Sponsored by Monroe County EMA
Four hour class taught by American Red Cross
Contact mocoema@htc.net for more info

Mar 9 VFW Ladies Auxiliary Hat & Tea Party
11:30 am | Metzger-Crook Post #6504
Contact kirkseysharon@hotmail.com for info

Mar 22 Waterloo Kiwanis Mouse Races
7:00 pm doors open | 7:30 pm first race
at Saints Peter & Paul School Gym
Contact tbrinkmann@fnbwaterloo.com for info

Mar 23 Dreamland Palace Train Show
10:00 am - 3:30 pm | \$3 Admission
at Dreamland Palace in Foster Pond
visit www.dreamlandpalace.net for info



Welcome

The City would like to welcome the following new businesses to our community.

Garden Place
735 Columbia Avenue

Goin' Postal
873 North Illinois Route 3

Legacy Place
526 Legacy Drive

Ms. Middy's Salon & Tan
111 North Main

T Fuller Construction, Inc.
1305 North Illinois Route 3

The Pain Institute
100 South Market Street

Remember to support local businesses and shop Monroe County first.



Americanism Coloring Contest

The Waterloo VFW Ladies Auxiliary is sponsoring an Americanism contest for school age children. The contest is geared at helping to teach children about Americanism which means an attachment or allegiance to the traditions, interests or ideals of the United States. The contest categories are listed below:

Coloring Contest for pre-school ages 3 through 5 and those in kindergarten. The coloring sheets are available at City Hall or may be downloaded at www.waterloo.il.us.

Poster Contest for grades 1 through 3. The theme is "Thanking a Veteran". Posters should be no larger than 14" by 22" and can be done in crayon, oil, markers or any other coloring agent. Student's name, school, grade, parent's phone and email should be written on the back of each entry.

Essay Contest for grades 4 through 6. The theme is "Why We Celebrate Veteran's Day". Essays should be no longer than 200 words and be typed or neatly handwritten in ink. The cover sheet should include: student's name, school, grade, parent's phone and email.

April 1st is the deadline for submitting an entry in this contest. Entries can be dropped off at City Hall, 100 West Fourth Street. First, second and third place prizes will be awarded in each category and age group. Winners and their parents will be invited to an Awards Presentation and Loyalty Dinner on Saturday, May 4th at the Millstadt VFW Post #7980.



Historic Garden Tour

Do you have a love of gardening at your historic home? Or do you have a neighbor who fits this description? If so, please consider submitting a nomination for consideration to be part of the 2013 Monroe County Garden Tour. The tour will be held on June 8, 2013. This year's Garden Tour will feature the historic homes of Waterloo as we celebrate the 125th Anniversary of Waterloo becoming a City.

To make a nomination or for more information, contact Master Gardener Lisa Dean at 314.249.7742 or lisa.woc@gmail.com.

Selections and notifications will be made after March 10, 2013.



Are You Heart Healthy?

- February is the month dedicated to raising awareness about heart disease.
- Every year, about 600,000 people die of heart disease in the United States
 - Heart disease is the leading cause of death for both men and women.
 - About 935,000 Americans have a heart attack in a year.

Because early action is very important, do you know the warning signs and symptoms? Help you or your loved ones prevent death or injury by knowing these warning signs:

- Chest pain or discomfort
- Upper body pain or discomfort in the arms, back, neck, jaw, or upper stomach
- Shortness of breath
- Nausea, lightheadedness, or cold sweats

Many sudden cardiac deaths occur outside a hospital. This suggests that many people with heart disease don't act on early warning signs. Most recognize chest pain as a symptom of a heart attack, but knowing all major symptoms and knowing to call 911 when someone is experiencing a heart attack is what saves lives.

Adapted from www.safetytrainingservices.net



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Mayor Tom Smith

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